

# January 2012 Menu

Please ensure water  
is available always!  
Skim or 1% milk is always served

\*=Homemade (A)=Vitamin A (C)=Vitamin C

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>WE WILL BE</p> <p>CLOSED IN</p> <p>OBSERVANCE OF</p> <p>NEW YEAR'S DAY</p>	<p>3</p> <p>B) Pineapple Scones, Peaches, Yogurt, Milk</p> <p>L) Hamburgers on WG Buns, Green Salad, Tomatoes, Milk</p> <p>S) Animal Crackers, Milk</p>	<p>4</p> <p>B) WG Applesauce Muffins*, Pears (C), Milk</p> <p>L) HM Vegetable Beef Barley Soup*, Pilot Bread, Peaches (A/C), Milk</p> <p>S) Apple Slices (C), Milk</p>	<p>5</p> <p>B) Waffles/Pancakes, Bananas (C), Milk</p> <p>L) Turkey &amp; Cheese Sandwiches on WG Bread, Corn, Mixed Fruit (C), Milk</p> <p>S) Ritz Crackers, 100% Apple Juice (C)</p>	<p>6</p> <p>B) Cereal, Oranges (C), Cottage, Cheese, Milk</p> <p>L) Baked Chicken, WG Pasta w/ Tomato Sauce (A/C), Green Salad (A), Pears (C), Milk</p> <p>S) Celery (A), WG Crackers</p>
<p>9</p> <p>B) WG Toast, Peaches (A/C), Cottage Cheese, Milk</p> <p>L) Fish Sticks*, WG Rolls, Corn, Oranges (C), Milk</p> <p>S) Apple Slices (C), Milk</p>	<p>10</p> <p>B) Oatmeal, Blueberries (C), Yogurt, Milk</p> <p>L) Bean &amp; Cheese Burritos, Carrots (A), Pineapple (C), Milk</p> <p>S) Yogurt, Mixed Fruit (A/C)</p>	<p>11</p> <p>B) WG Banana Muffins*, Applesauce (C), Milk</p> <p>L) Baked Chicken, Brown Rice, Mixed Vegetables (A/C), Apples Slices (C), Milk</p> <p>S) Oranges (C), Milk</p>	<p>12</p> <p>B) WG Waffles, Bananas (C), Boiled Eggs, Milk</p> <p>L) Ham &amp; Cheese Sandwiches on WG Bread, Green Salad (A), Tomato (A/C), Milk</p> <p>S) Crackers, String Cheese</p>	<p>13</p> <p>B) English Muffins w/ Butter &amp; Jelly, Oranges (C), Milk</p> <p>L) Chicken Noodle Soup* w/ Celery (A), WG Rolls, Peaches (A/C), Milk</p> <p>S) Cheese Nips, 100% Orange Juice (C)</p>
<p>16</p> <p>WE WILL BE</p> <p>CLOSED IN</p> <p>OBSERVANCE OF</p> <p>MARTIN L. KING DAY</p>	<p>17</p> <p>B) Oatmeal, Pears (C), Milk</p> <p>L) Macaroni &amp; Cheese w/ Ham, Peas (A), Pears (C), Milk</p> <p>S) Animal Crackers, Milk</p>	<p>18</p> <p>B) Cereal, Oranges (C), Boiled Eggs, Milk</p> <p>L) Meatloaf*, Rice, Green Beans (A/C), Peaches (A/C), Milk</p> <p>S) Yogurt, Mixed Fruit (A/C)</p>	<p>19</p> <p>B) WG Toast, Mangoes/Cantaloupe (A/C), Yogurt, Milk</p> <p>L) Grilled Cheese Sandwiches on WG Bread, Tomato Soup (A/C), Apples (C), Milk</p>	<p>20</p> <p>B) Cinnamon Rolls*, Applesauce (C), Milk</p> <p>L) BBQ Chicken, Biscuits*, Potatoes (C), Fruit Cocktail (A), Milk</p> <p>S) English Muffins, Cheese</p>
<p>22</p> <p>B) Cereal, Peeled Apples (C), Milk</p> <p>L) Pork Chops, Brown Rice, Green Beans (A/C), Oranges (C), Milk</p> <p>S) Ham, Yogurt, Milk</p>	<p>23</p> <p>B) Blueberry Pancakes, Pineapple, Cottage Cheese, Milk</p> <p>L) Meatballs, Spinach, Cantaloupe (A/C), Milk</p> <p>S) Fruit</p>	<p>24</p> <p>B) Pancakes, Applesauce (C), Milk</p> <p>L) Egg Salad, Spinach, on WG Bread, Sticks, Milk</p> <p>S) Potatoes, Brown Rice</p>	<p>25</p> <p>B) WG Toast, Applesauce (C), Yogurt, Milk</p> <p>L) Fish, Potatoes, Sweet potatoes, Pineapple</p> <p>S) Yogurt, Milk</p>	<p>27</p> <p>B) WG Toast, Applesauce (C), Yogurt, Milk</p> <p>L) Fish, Potatoes, Sweet potatoes, Pineapple</p> <p>S) Yogurt, Milk</p>
<p>30</p> <p>B) Oatmeal, Strawberries (C), Milk</p> <p>L) Black Bean Chili* with Tomatoes (A/C), Corn Bread, Green Salad (A), Corn, Milk</p> <p>S) Pilot Bread, Ovaltine w/ Milk</p>	<p>31</p> <p>B) Cereal, Bananas (C), Boiled Eggs, Milk</p> <p>L) Spaghetti w/ Meat Sauce, Green Beans (A/C), Pears (C), Milk</p> <p>S) Dip, Tomatoes (A/C), Carrots (A), Cucumbers (C), Pilot bread</p>			